

Benefits & Challenges Of Smartphone Use In Mental Health

Wednesday, May 1, 2019 | 12pm ET | 9am PT

Pew Research Center statistics indicate that 95% of Americans now own some type of cellphone, and that 77% are smartphones. Increases in digital adoption for residents in the U.S. certainly comes with benefits like increased internet access and connectivity. However, smartphone use also presents unique challenges – blurred lines between personal and professional time, the rise of issues like cyber-bullying, and potential impacts to user's mental health.

Digital technology isn't going anywhere anytime soon. That's why this year, PsychU chose all things tech and data for our 2019 Annual Theme. We encourage you to #GetInformed, #StayConnected, and #PlugIn for this exciting webinar featuring Dr. Steven Stoner and Dr. Britton Arey as they discuss smartphone benefits and challenges in relation to mental health. Speakers will investigate the interplay between smartphone usage and mental health condition prevalence and severity, and the application of mobile use.

Speakers are paid consultants to Otsuka Pharmaceutical Development & Commercialization, Inc.



WEBINAR



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Steven Stoner, PharmD, BCPP
Chair of Pharmacy & Administration, and Clinical
Professor, UMKC School of Pharmacy




Britton Arey, MD, MBA
Founder and CEO, South Coast Psychiatry.



Laura Anguiano, PhD
Medical Science Liaison for Otsuka Pharmaceutical Development & Commercialization, Inc. will be the moderator of this event.

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