

Resilience: How Nature & Nurture Shape Us

Tuesday, February 26, 2019 | 12pm ET | 9am PT

Why any given experience should induce one person to adapt, while another is edged toward a maladaptive stress response that could ultimately lead to psychiatric illness, is not clearly understood. However, new insights are emerging.

In this webinar, Dr. Aida Mihajlovic and Dr. Greg Mattingly will discuss how the influences of nature and nurture shape an individual's response to stress, and what the field of mental health has learned about building resilience in individuals living with mental illness. Speakers are paid consultants to Otsuka Pharmaceutical Development & Commercialization, Inc.



WEBINAR



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