

Introducing...



Frameworks in Health and Quality: Schizophrenia Relapse Reduction Program

Did you know...

The risk of schizophrenia relapse is great, with the 1-year rate as high as 50% and the 5-year rate as high as 80%?^{1,2}

Past relapses may predict an increased risk of future relapses and higher annual mental health care costs.^{3,4}

Program Objectives:

- Assist and complement your relapse reduction efforts
- Enhance communication among stakeholders
- Provide stakeholders with relapse educational material for patients and caregivers
- Emphasize patient wellness and adherence treatment plans
- Promote other important relapse reduction topics such as medication reconciliation, transitions of care, and quality measures

This program and its resources are part of our commitment to you, providing key stakeholders with an opportunity to learn more about the risk of schizophrenia relapse.

Payers | Program introductory materials and key issues for payers including HEDIS® quality improvement guidance resources and disease management program components

Health Care Providers | Program introductory materials and education and awareness resources for providers, community health centers, case managers, hospital treatment teams, social workers, and other patient advocates. Includes relapse and disease management, adherence, and medication reconciliation resources

Patients and Caregivers | Schizophrenia and relapse education awareness resources that include tools for relapse action planning, adherence, and hospitalization resources, all of which are also available in Spanish

We are dedicated to providing you leading insights in schizophrenia.

This resource is provided for informational purposes only and is not intended as reimbursement or legal advice. You should seek independent, qualified professional advice to ensure that your organization is in compliance with the complex legal and regulatory requirements governing health care services, and that treatment decisions are made consistent with the applicable standards of care.

Schedule a meeting

with a subject matter expert to learn more about the *Frameworks in Health and Quality: Schizophrenia Relapse Reduction* program

References: **1.** Robinson D, Woerner MG, Alvir JMJ, et al. Predictors of relapse following response from a first episode of schizophrenia or schizoaffective disorder. *Arch Gen Psychiatry.* 1999;56(3):241-247. **2.** Schennach R, Naber D, Ruther E, et al. Predictors of relapse in the year after hospital discharge among patients with schizophrenia. *Psychiatr Serv.* 2012;63(1):87-90. **3.** Ascher-Svanum H, Zhu B, Faries DE, et al. The cost of relapse and the predictors of relapse in the treatment of schizophrenia. *BMC Psychiatry.* 2010;10:2 [Additional file 3: Table S3. Logistic regression analyses of relapse predictors for the 1557 participants and by relapse status]. **4.** Ascher-Svanum H, Zhu B, Faries DE, et al. The cost of relapse and the predictors of relapse in the treatment of schizophrenia. *BMC Psychiatry.* 2010;10:2.